

SIGNIFICANT OTHER SURVEY

Name of the person who you are rating _____

SECTION I: Below are several statements about your spouse/significant other with which you may agree or disagree. Using the response scale below, indicate your agreement or disagreement with each item by placing the appropriate number on the line preceding that item.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

The person who gave me this survey:

1. ____ Gets angry easily.
2. ____ Get irritated easily.
3. ____ Gets upset easily.
4. ____ Is often in a bad mood.
5. ____ Loses his or her temper.
6. ____ Rarely gets irritated.
7. ____ Seldom gets mad.
8. ____ Is not easily annoyed.
9. ____ Keeps his or her cool.
10. ____ Rarely complains.
11. ____ Often gets angry at the way people treat him or her.
12. ____ Is an even-tempered person.
13. ____ Is known as hot-blooded and quick-tempered.
14. ____ Is not considered a touchy or temperamental person.
15. ____ Is often get disgusted with people he or she has to deal with.
16. ____ It takes a lot to get him or her mad.
17. ____ At times s/he has felt bitter and resentful.
18. ____ Even minor annoyances can be frustrating to him or her.
19. ____ When frustrated, s/he lets his or her irritation show.
20. ____ Has trouble controlling his or her temper.
21. ____ Flares up quickly but gets over it quickly.

SECTION II: In the three months, how often you engaged in the following behavior toward your spouse?

1 2 3 4 5
Never Rarely Sometimes Moderately Often Often

1. ____ Let him/her know how much I really care about him/her.
2. ____ Acted lovingly or affectionately toward him/her.
3. ____ Let him/her know how much s/he is appreciated.
4. ____ Helped him/her do something that was important to him/her.
5. ____ Suggested divorce to my spouse.
6. ____ Discussed the possibility of divorce with a close friend.
7. ____ Thought about divorce.
8. ____ Considered consulting an attorney about a divorce.
9. ____ Thought my marriage might be in trouble.

SECTION III: Below are several statements with which you may agree or disagree. Using the 1-5 scale below, indicate your agreement with each item by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.

1 2 3 4 5
Strongly Disagree Disagree Neutral Agree Strongly agree

1. ____ We have a good marriage.
2. ____ My relationship with my partner is very stable.
3. ____ Our marriage is very strong.
4. ____ My relationship with my partner makes me happy.
5. ____ I really feel like part of a team with my partner.

Please place this survey in the attached postage-paid envelope and mail right away. Please contact me if you have any questions or concerns. Thank for your help with the study.

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